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Acute Nickel Toxicity and Effects on Liver and Kidney of *Clarias gariepinus* Juvenile

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ABSTRACT

A study was carried out to evaluate the impact of nickel toxicity on selected physiological parameters, liver and kidney of *Clarias gariepinus* juvenile in an acute bio – assay for 7 days. The experiment was set up in a completely randomised design comparing six treatments and two replicates each. The concentrations were: 10 mg.L-1 – T1WFa; 7.5 mg.L-1 – T2WFa; 5.6 mg.L-1 – T3WFa; 3.2 mg.L-1 – T4WFa; 1.8 mg.L-1 – T5WFa and 0 mg.L-1 – T0WFa (control) for the test solution were prepared according to standard procedures. The volume of the test solution used per replicate for the experiment was 20 litres of water containing nickel (toxicant). Blood samples were collected according to standard methods. Parameters analysed for were Packed cell volume (PCV, %), Red blood cells (RBC, 10⁶mm⁻³), Platelets (g.L-1), Aspartate transaminase (AST, IU-1), Alanine transaminase ALT (IU-1) and Creatinine (mg.dL-1). Data were analysed by using descriptive statistics and ANOVA at $\alpha 0.05$. Significantly highest and least PCV were 18.97 ± 0.50 and 4.09 ± 0.20 in T0WFa and T1WFa, while RBC ranged from 6.02 ± 0.55 to 15.17 ± 0.30 , Platelets (3.51 ± 0.05 , 4.50 ± 0.50) in T1WFa and T0WFa, respectively. Mean AST ranged from 1.17 ± 0.75 to 7.57 ± 0.16 , ALT (3.43 ± 0.20 , 9.80 ± 0.18) and Creatinine (1.60 ± 0.11 , 2.70 ± 0.31), respectively. The patterns of haematological and serum biochemical indices indicated that *Clarias gariepinus* was under stress during the experimental period as a result of exposure to acute nickel toxicity.

Keywords: Nickel toxicity, Haematology, Serum biochemistry, Toxicant.

1. INTRODUCTION

Pollution of the aquatic environment and the bioaccumulation of heavy metals by aquatic fauna are major global causes of death (Olaifa and Ewutanure, 2018). Heavy metals have the ability to alter the normal activities of aquatic fauna through the interference with their neurological functions and metabolic processes (Olaifa and Ewutanure, 2019). Heavy metals could enter into the body of fish through ingestion and skin absorption thereby inducing impairment and dysfunction in the blood, liver, kidneys, heart, intestine, skin, endocrine glands, nervous systems, enzymatic and reproductive pathways (Olowu et al., 2012).

Nickel is an abundant element in the earth crust but found majorly mixed with oxygen or sulphides (FAO/SIDA, 1983). It forms alloys with copper, iron, zinc, copper and chromium. These alloys are used in making coins, jewelry, heat exchanger and valves in manufacturing industries. Nickel is used in making stainless steel, batteries, electroplating and serves as a catalyst in speeding up the rate of chemical reactions. It could be released into the environment through oil spillages, nickel mining and factories that process nickel into alloys (Ololade and Oginni, 2010). Major sources of nickel in aquatic organisms are linked with the exposure to oil spillages, industrial wastes and testing of nuclear devices (Olaifa and Ewutanure, 2017). Symptoms of nickel toxicity in fish are itching, redness and erratic swimming behaviour. Prolonged exposure of fish to nickel toxicity could cause damage to the lungs, liver, kidney and heart (Korisiakpere and Obogu, 2008).

Nickel has the ability to destroy a developing embryo of fishes and its consumption along with food substances had been reported to cause stomach, blood, liver, kidneys and lungs diseases in *Oreochromis niloticus* (Korisiakpere et al., 2006). Nickel has been shown to cause kidney and liver damages in *C. gariepinus* (Olaifa and Ewutanure, 2018). Nickel and its compounds have high acute and chronic toxicity on flora and fauna (Olaifa and Ewutanure, 2019). Acute toxic effects may include the death of animals, birds, fish or poor growth rate in plants (Olaifa and Ewutanure, 2018; 2019). Water hardness affects nickel toxicity to aquatic organisms (Gupta, 2001). Nickel concentration in fish tissues could be higher than the average concentration of nickel and its compounds in the water from which the fish was taken. Reports had it that, nickel induced various physiological and histopathological alterations in the organs of different fish species (Olaifa and Ewutanure, 2018; Gupta et al., 2006).

The increasing concern on the assessment and bio – monitoring of the aquatic ecosystems has brought about the importance of the application of appropriate biological indices in assessing pollution stress (Odiete, 1999). Fish diseases and histopathology with a very wide range of causes are being used as indicators of environmental stress because they provide a definite biological end – point of historical exposure (Stentiford et al., 2003). This study aims at investigating the effects of acute nickel toxicity on liver and kidney of *Clarias gariepinus* juveniles in a static bio – assay for 7 days. The selected physiological parameters were packed cell volume (PCV), Haemoglobin (Hb), Red blood cells (RBC), White blood cells (WBC), Platelets, mean cell volume (MCV), while serum indices were Aspartate Transaminase (AST), Alanintransaminase (ALT), Sodium ion (Na⁺), Potassium ion (K⁺), Creatinine, Total protein (TP), Albumin (Alb) and Globulin (Glo), while organs were liver and kidney.

2. MATERIALS AND METHODS

Acute Bio – Assay (7 days LC50)

An acute static bio – assay comprising six treatments with two replicates each was set up. The concentrations (10 mg/L, 7.5 mg/L, 5.6 mg/L, 3.2 mg/L, 1.8 mg/L and TOWFa (control) for the test solution were prepared according to the procedure described by Reish and Oshida, (1987). The volume of the test solution used per replicate for the experiment was 20 litre of water containing nickel (toxicant).

Acclimatisation of Test Fish

Initial acclimatization of the test fish was done for two weeks before introducing them into the experimental aquaria tanks. Feeding was done two times daily (morning and evening) to satiation during the acclimatization periods, while stressed and dead fish were removed.

Handling of Collected Blood Samples of Experimental Fish

Blood samples for haematology (PCV, Hb, RBC, WBC, Platelets, MCV) were collected, preserved and analysed as described by Culling, (1974); Blaxhall and Daisey, (1973).

Blood samples for blood biochemistry were collected and preserved following Dacie and Lewis, (1991) method, while blood biochemical indices (AST, ALT, Na⁺, K⁺, Creatinine, TP, Albumin and Globulin) were determined by using commercial kits (Randox Laboratory Ltd., United Kingdom). Heavy metals were determined by using Atomic Absorption Spectrophotometer (AOAC, 1990).

Results of Histopathology on Liver and Kidney Samples of *C. gariepinus* juvenile

Histopathological examination of the juvenile of *C. gariepinus* liver and kidney was as described by Drury et al., (1967); Alaa et al., (2010). The photomicrograph of the sections were taken by using electrical microscope (Model: B – 350 – Optika, Italy) and compared with the aid of atlas of fish histology.

Statistical Analysis

Data collected were subjected to descriptive statistics and ANOVA at $\alpha 0.05$ by using Statistical Package for Social Sciences (SPSS) version 20.0.

Results and Discussion

It has been reported that nickel has the ability to destroy a developing embryo of fishes (Korisiakpere et al., 2006). Nickel has been shown to cause kidney and liver damages in *C. gariepinus* (Olaifa and Ewutanure, 2018). There were significant ($P > 0.05$) increases in the concentration of Ni present in water and in fish compared with control (Table 1). The PCV and MCV reduced significantly ($p < 0.05$), while the concentrations of WBC, Hb and Platelet were significantly ($p > 0.05$) elevated in comparison with control (Table 2). The AST, ALT, Creatinine and total protein were significantly ($p > 0.05$) elevated in nickel – exposed *C. gariepinus*, while the concentrations of Na⁺, K⁺, Albumin and Globulin diminished significantly ($p < 0.05$) in *C. gariepinus* exposed to sublethal concentration of nickel in comparison with control data (Table 3). Histopathological results showed mild to severe diffused vacuolar degeneration and congestion in blood sinusoids in the liver and kidney of the experimental *C. gariepinus* exposed to nickel toxicity compared with control (Plates 1 and 2).

Table 1: Means of nickel concentration in water and *C. gariepinus*

Treatments	Samples	
	Water (mg/L)	Fish (mg/Kg)
T0WFa	< 0.001	< 0.001
T1WFb	0.77±0.10 ^a	0.45±0.01 ^a
T2WFc	0.61±0.02 ^b	0.28±0.73 ^b
T3WFd	0.49±25 ^{bc}	0.19±0.02 ^c
T4WFe	0.35±0.03 ^c	0.11±9 ^d
T5WFf	0.15±0.01 ^d	0.09±0.01 ^e

Note: Means with the same super script are not significantly different from each other at $p < 0.05$ level of significance.

Table 2: Mean haematological parameters of *C. gariepinus* exposed to nickel in water

Parameters	Treatments					
	T0WFa	T1WFa	T2WFa	T3WFa	T4WFa	T5WFa
PCV (%)	18.97±0.50 ^e	4.09±0.20 ^a	10.50±0.23 ^c	9.55±0.01 ^d	11.80±0.12 ^b	9.20±0.21 ^d
Hb (g.dL ⁻¹)	3.49±0.12 ^c	4.40±0.10 ^a	3.61±0.05 ^d	3.52±0.50 ^d	4.00±0.50 ^b	3.55±0.53 ^d
RBC (10 ⁶ mm ⁻³)	6.02±0.55 ^b	15.17±0.30 ^a	5.90±0.30 ^b	6.15±0.31 ^b	6.70±0.07 ^b	6.02±1.13 ^b
WBC (10 ³ mm ⁻³)	2.95±0.35 ^c	15.50±0.10 ^a	3.80±0.10 ^b	7.65±0.21 ^b	5.70±0.42 ^b	7.94±0.11 ^b
Platelets (g.L ⁻¹)	3.51±0.05 ^b	4.50±0.50 ^a	3.51±0.20 ^b	3.49±0.70 ^b	4.50±0.35 ^a	4.23±0.55 ^b
MCV (fL)	30.15±0.31 ^c	6.62±0.30 ^b	17.80±0.50 ^d	15.53±0.50 ^e	7.52±0.17 ^a	15.28±0.50 ^c

Note: Means with the same super script along rows are not significantly different from each other at p<0.05 level of significance. PCV= Pack cell volume; Hb= Haemoglobin; RBC= Red blood cell; WBC= White blood cell and MCV= Mean cell volume. T0WFa = Control, T1WFa = Treatment 1, T2WFa = Treatment 2, T3WFa = Treatment 3, T4WFa = Treatment 4 and T5WFa = Treatment 5.

Table 3: Means of serum biochemistry in *C. gariepinus* juvenile

Parameters	Treatments					
	T0WFa	T1WFb	T2WFc	T3WFd	T4WFe	T5WFf
AST(IU.L ⁻¹)	1.17±0.75 ^c	7.57±0.16 ^a	1.41±0.31 ^b	1.57±0.09 ^{bc}	2.73±0.61 ^b	3.7±1.27 ^b
ALT (IU.L ⁻¹)	3.43±0.2 ^c	9.80±0.18 ^a	5.50±0.16 ^b	3.95±0.19 ^c	4.97±0.48 ^b	4.46±1.71 ^b
K ⁺ (meq.L ⁻¹)	4.90±0.4 ^{ab}	6.09±0.41 ^a	3.04±0.25 ^b	3.71±0.90 ^b	3.70±0.16 ^{ab}	2.57±0.26 ^b
Na ⁺ (meq.L ⁻¹)	11.65±0.01 ^a	7.57±0.13 ^a	4.39±0.17 ^c	4.40±0.16 ^c	5.59±0.58 ^c	3.89±0.16 ^c
Cre (mg.dL ⁻¹)	1.60±0.11 ^b	2.70±0.31 ^a	1.07±0.21 ^b	1.19±0.1 ^{ab}	1.90±0.40 ^b	1.75±0.5 ^{ab}
Tp (g.dL ⁻¹)	0.99±0.10 ^a	1.15±0.03 ^b	1.03±0.6 ^{bc}	1.40±0.40 ^b	0.16±0.1 ^c	1.05±0.1 ^b
Alb (g.dL ⁻¹)	1.78±0.4 ^a	1.01±0.02 ^a	0.75±0.2 ^b	0.53±0.4 ^b	0.69±0.4 ^b	0.91±0.6 ^a
Glo (g.dL ⁻¹)	1.40±0.13 ^a	1.28±0.11 ^b	1.14±0.3 ^b	1.55±0.3 ^b	1.27±0.42 ^b	1.11±0.05 ^c
Alb:Glob	1.27±0.02 ^a	0.79±0.57 ^b	0.66±0.05 ^b	0.34±0.01 ^c	0.54±0.32 ^b	0.82±0.43 ^b

Note: Means with the same super script along rows are not significantly different from each other at p<0.05 level of significance. AST = Aspartate transaminase, ALT = Alanine aminotransferase, K⁺ = Potassium ion, Na⁺ = Sodium ion, Cre = Creatinine, Tp = Total protein, Alb = Albumin, Glob = Globulin. T0WFa = Control, T1WFa = Treatment 1, T2WFa = Treatment 2, T3WFa = Treatment 3, T4WFa = Treatment 4 and T5WFa = Treatment 5.

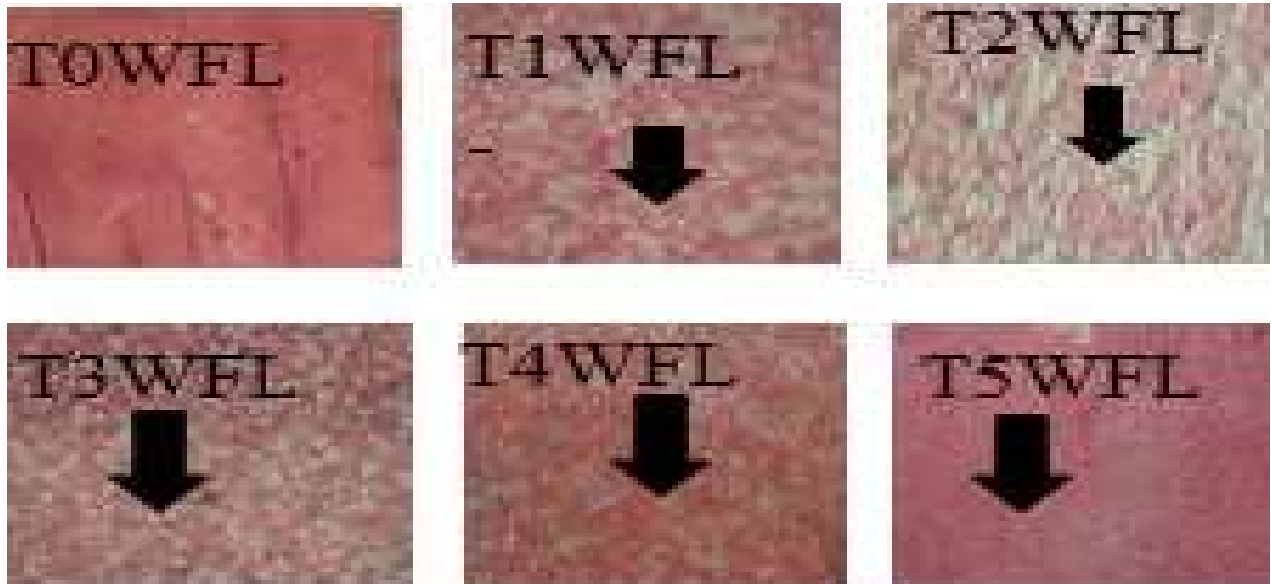


Plate 1: T0WFL (Control) to T5WFL liver samples of *Clarias gariepinus* subjected to nickel toxicity. Control (T0WFL) with normal condition of the fish liver (X400). T1WFL to T4WFL showed severe diffused vacuolar degeneration in liver of the fish (X400), while T5WFL showed mild vacuolar degeneration in liver of the fish (X400). Note: T0WFL = Control Treatment for liver; T1WFL = Treatment 1 for liver; T2WFL = Treatment 2 for liver; T3WFL = Treatment 3 for liver; T4WFL = Treatment 4 for liver and T5WFL = Treatment 5 for liver.

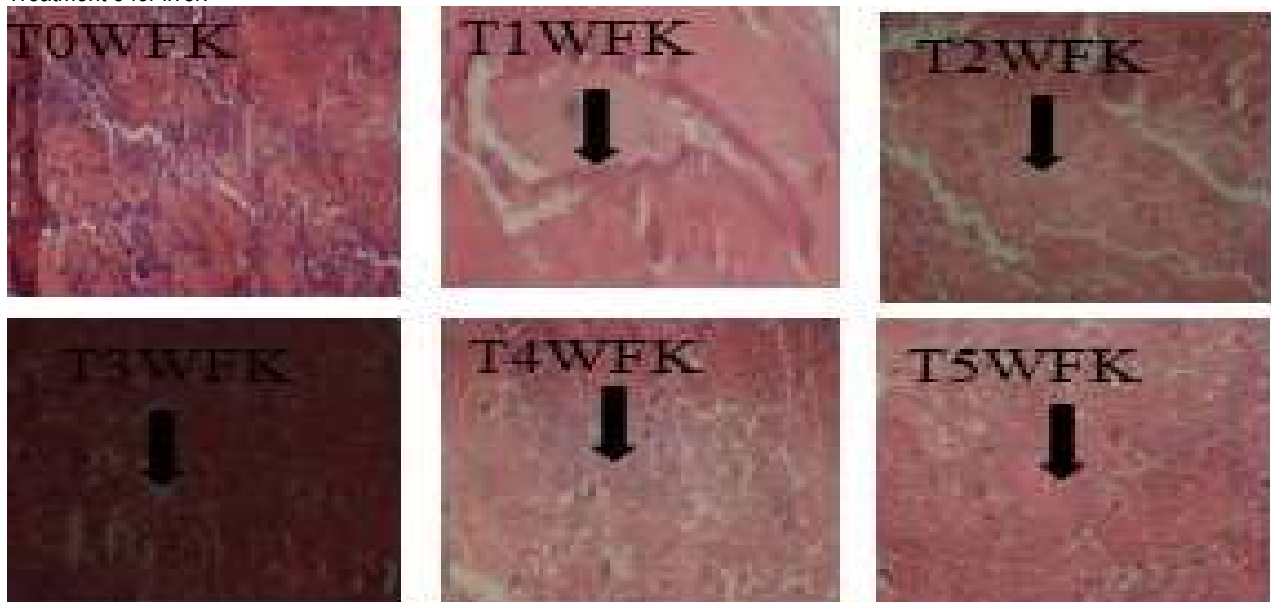


Plate 2: T0WFK (Control) to T5WFK of kidney samples of *Clarias gariepinus* subjected to nickel toxicity. Control (T0WFK) with normal condition of the fish kidney (X400). T1WFK and T2WFK showed severe vacuolar degeneration in the renal tubule, congestion in blood sinusoids (x400), while T3WFK to T5WFK showed mild necrotic degeneration in the renal tubules (x400). Note: T0WFK = Control Treatment for kidney; T1WFK = Treatment 1 for kidney; T2WFK = Treatment 2 for kidney; T3WFK = Treatment 3 for kidney; T4WFK = Treatment 4 for kidney and T5WFK = Treatment 5 for kidney.

Heavy metals could be responsible for mortality, delay in hatching and deformities in fishes (Olaifa and Ewutanure, 2018). Heavy metals have been reported to cause spinal deformities in fish, while deformities in fishes could be used as biomarkers of environmental contamination (Gupta and Sriavastava, 2006). The heavy metals are considered most toxic to humans, fishes and environment and possess the ability to destabilize ecosystems because of their bioaccumulation and harmful effects in aquatic biota (Gupta, 2001). In comparison with control, the sharp decrease in PCV and fluctuation in Hb could be associated with the excess accumulation of Nickel, while Nickel has been shown to cause kidney and liver damages in *C. gariepinus* (Olaifa and Ewutanure, 2018). Higher concentration of RBC (polycythemia vera) could lead to abnormal blood clot. A similar result was also obtained by Brix et al. (2006). A rise in the concentration of WBC indicated its ability to fight infection due to Ni contamination. The findings of the work agreed with Olaifa and Ewutanure, (2018). Mean cell volume is a value that explains the mean size of red blood cells in a blood sample. It helps in diagnosing different types of anemic conditions (Lichtnfels et al., 2006). Lower MCV than the control, indicates that red blood cells produced are too few as a result of Ni toxicity (Brix, 2004). This condition is known as microcytic anemia which may be caused by iron deficiency due to poor feed intake by the fish during the experimental period. Sigel and Sigel, (2007) reported that when a fish is subjected to stress, its blood composition could be altered as a result of decrease in appetite.

Exposure of *C. gariepinus* to heavy metals could cause various degrees of ion regulatory disruption, while plasma ion levels can be used to quantify toxic effects of metals intoxication (Olaifa and Ewutanure, 2019). Gupta and Srivastava, (2006) reported that during an exposure of fish to water contaminated with heavy metals, the active uptake of ions from the water may be initially altered, resulting in ionic homeostasis disturbances in fishes. Olowu et al. (2012) reported that the exposure of *Oreochromis niloticus* to copper, cadmium and mercury led to a significant reduction in blood sodium and chloride concentrations. Osmotic water influx in freshwater fish and rapid decrease in sodium and chloride are controlled by the excretion of large volumes of dilute urine and active uptake to replace ions lost by the gills. Plasma values of *C. gariepinus* decreased with varying concentration of Nickel. Previous reports showed significant increase in the levels of blood glucose in fishes treated with nickel, lead, copper, cadmium and mercury (Olaifa and Ewutanure, 2018; Al-Attar, 2005). Generally, heavy metals pollution has been reported to stimulate plasma, corticosteroid, glucose concentrations and inter renal activity in fishes (Olaifa and Ewutanure, 2018). Excessive secretion of cortisol and adrenalin hormones are considered major stress responses.

In comparison with control, the observed hyperproteinaemia and hyperalbuminaemia in the *C. gariepinus* at the end of the experiment could be possibly due to liver damage. This result supports Korisiakpere and Ubogu, (2008) who stated that an increase in the level of muscle glycogenolysis due to blood hyperlacticaemia and highly stressed conditions could lead to histopathological changes in the liver and kidney of *C. gariepinus*. The accumulation of nickel sulphate in the liver could result into a loss of normal structural architecture, fatty changes, extensive vacuolization in hepatocytes and Kupffer cell hypertrophy (Das et al., 2006). Elevated total protein level in fishes is directly related to the level of the toxicant it is being subjected to (Gupta et al., 2006). Exposure of animals to various environmental stressors could cause pancreatic damage, hyperamylasemia and hyperlipasemia (Cosen – Binker et al., 2006).

Albumin is a protein produced in liver which prevents fluid from leaking from bloodstream into other tissues (Olowu et al., 2012), while a decrease in its concentration is an indication of liver or kidneys problem (Olaifa and Ewutanure, 2019). High level of globulin could indicate the presence of infection, inflammatory disease or immune disorders, while an abnormal result could be due to dehydration as a result of stress (Korisiakpere and Ubogu, 2008). A low albumin/globulin ratio could be associated with liver and kidney diseases (Olowu et al., 2012). It has been reported that a decrease in sodium concentration could indicate a reduction in sodium influx rate (Hoang et al., 2004). The Na^+/K^+ -ATPase is a major crux of ion movement across cellular membranes.

It regulates ion levels in the body of marine and estuarine teleost. It has been reported that Na⁺/K⁺-ATPase is a useful indicator of pollution stress in aquatic organisms (Kim and Kang, 2004). Creatinine is a by-product of creatine phosphate from muscle and protein metabolism (Cengiz, 2006). Olaifa and Ewutanure, (2019) reported that damage to the kidney will lead to the retention of creatinine in the blood and thereby making it difficult for its excretion in the urine of fish. The ALT and AST are the most sensitive tests for diagnosis of liver diseases, while the degree of hepatic damage is assessed by increased serum level of cytoplasmic enzymes, ALT and AST (Ololade and Oginni, 2010). Olaifa and Ewutanure, (2018) observed several histological alterations in the liver and kidney of *C. gariepinus* under a 21 – day chronic exposure of the fish to nickel toxicity. The alterations were focal necrosis and altered bile ducts. The present study showed a high level increase in ALT and AST after 7 days of exposure to nickel, indicating a visible hepatocellular damage. Similar observations and suggestions were stated by many experimental investigations on animals treated with heavy metals (Kim and Kang, 2004; Al-Attar, 2005).

The present study also revealed that the liver and kidney of *C. gariepinus* juvenile exposed to nickel toxicity during the 7 days presented a higher occurrence of histopathological lesions in the liver and kidney. Similar results were observed in *Oreochromis niloticus*, *Colsia fasciatus*; in *Oncorhynchus mykiss* subjected to nickel (Pane et al., 2004); in *Cyprinus carpio* and *Prochilodus scrofa* exposed to copper (Mazon et al., 2002); in mercury – administered to freshwater *Chana punctatus* (Gupta and Dua, 2002; De Boeck et al., 2001). Histopathology is a veritable tool in fish pathology, physiology and aquatic toxicology because it provides changes which could indicate essential clues in an investigation of the toxic effects of heavy metals (Olaifa et al., 2018). In constant contact with heavy metals, the liver and kidney are very sensitive primary target for a variety of pollutants (Stentiford et al. 2003). The liver being the major site of detoxification and blood supply in fish, any physiological changes in it could result in distortion in osmotic and ionic concentration (Thophon et al., 2003).

Degeneration in the epithelial cells of renal tubule and reduction in the tubular lumen has been shown in kidney of fishes exposed to deltamethrin (Cengiz, 2006). Fish found in polluted aquatic environments are very prone to negative impact of pollutants capable of damaging liver and kidney structures (Olaifa et al., 2004). Heavy metals are readily detoxified absorbed and excreted through the liver and kidney (Lichtenfels et al., 2006). Accumulation of pollutants in high concentration could result in negative changes in cellular structures (Pane et al., 2004). Hampel et al. (2008) reported tubular retraction in the kidney of *Scophthalmus maximus* L. exposed to the sodium dodecyl sulphate. The liver is organ most associated with the detoxification and biotransformation process as a result of its position, blood supply and function. It is also one of the organs most affected by aquatic pollutants (Martenez et al. 2004). Changes in the liver could be an essential bio – marker that indicate stress due to exposure to environmental stressors (Monteiro, 2005). Congestion and dilation of sinusoid, hepatocyte and vacuolar degeneration were observed in *C. gariepinus* subjected to Ni toxicity (Ransatavatron et al. 2004).

Previous studies have shown that alterations in number, size and shape of the hepatocyte nucleus can be due to contaminants (Naeemi, et al., 2013; Hampel et al., 2008). Vacuolar degeneration, shrinkage of hepatocytes, congestion of sinusoid and slight atrophy were reported in liver of fishes after chronic exposure to a toxicant by Hampel et al. (2008) and Rejeki et al. (2008). Congestion is a blood circulation disturbance due to the increased volume of the blood in the blood capillary. In fisheries, vacuolar degeneration is an acute swelling of the fish organs (Naeemi, et al., 2013). In this study, the extent of the liver and kidney damages in *C. gariepinus* were dependent on the concentrations of Ni across all treatments. In comparison with control (T0WFL – liver; T0WFK – kidney), histopathological changes (T1WFL, T2WFL, T3WFL; T1WFK, T2WFK) showed severe damages than T4WFL; T3WFK, T4WFK, while T5WFL and T5WFK had the least distortion. Therefore, the higher level of Ni resulted into more and severe damage compared with the lower ones. The tissue alteration of the fish subjected to Ni could be as a result of accumulation of the toxicant.

From the current investigation, it could be concluded that nickel induced severe toxic effects on the blood, serum biochemical compositions, liver and kidney functions of *C. gariepinus* juvenile. It can also be stated that these physiological and histopathological changes observed in *C. gariepinus* revealed that the fish is a good species to be used as a biological indicator of aquatic pollution.

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